

Ready ✓ Burbank



EMERGENCY SUPPLIES

When organizing supplies for an earthquake, remember that you need to get to them after an earthquake has turned your house into mess. Store supplies in an easy to find location that has a minimal chance of being buried under falling objects. If you are short on space, a large trash can makes an excellent storage container. If you live in an apartment, the container can be hidden under a decorative tablecloth. Earthquakes can happen at any time. Are you prepared right now? Have you rotated your food supplies in the last six months? If not, make time on your calendar. Do it now!

Tips for Food:

You can use the canned goods, dry mixes, and other staples on your cupboard shelves. Be sure to check expiration dates and follow the practice of first-in, first-out. If purchasing food supplies, foods that require no refrigeration, water, special preparation, or cooking are best. Individuals with special diets and allergies will need particular attention, as will babies, toddlers, and the elderly. Nursing mothers may need liquid formula, in case they are unable to nurse. In an emergency, when the power is out: **FIRST...** Use perishable food from the refrigerator. **THEN...** Use the foods from the freezer. Try to limit the number of times you open the freezer door, in a well-filled, well-insulated freezer, foods will usually still have ice crystals in their centers (meaning foods are safe to eat) for at least two days. Check to make sure the seal on your freezer door is still in good condition. **FINALLY...** Begin to use non-perishable foods and staples.

Tips for Water:

A normally active person needs to drink at least two quarts (half gallon) of water each day. People in hot environments, children, nursing mothers, and ill people will require even more. You will also need water for food preparation and hygiene. Store at least one gallon per person, per day. Consider storing at least a seven day supply of water for each member of your family. If you are unable to store this quantity, store as much as you can.

To prepare the safest and most reliable emergency supply of water, it is recommended that you purchase commercially bottled water. Keep bottled water in its original container, and do not open it until you need to use it. Store bottled water in the original sealed container, and observe the expiration or “use by” date.

If you are going to prepare your own water supply, it is recommended to only use food-grade water storage containers. If you decide to re-use storage containers, choose two-liter plastic soft drink bottles – not plastic jugs that have had milk or fruit juice in them (milk protein and fruit sugars cannot be adequately removed from these containers and provide an environment for bacterial growth when water is stored in them).



ESSENTIAL ITEMS

- Dry Food (*minimum 3 day supply, recommended 7 day supply – rotate as needed*)
- Water (*minimum 3 day supply, recommended 7 day supply – rotate as needed*)
- CASH MONEY (*small denominations & coins*)
- Clothing
- Walking Shoes and Socks
- Flashlight w/batteries, or chemical Light Sticks Matches, in waterproof container
- Small Radio (*portable battery powered - crank or solar powered preferred*)
- Extra batteries (*in various sizes for your flashlights and radio*)
- Small First Aid kit
- Important family documents (*copies of insurance policies, identification and bank account records in a waterproof, portable container*)

ADDITIONAL ITEMS

- Sleeping Bags, Blanket, or Space Blanket
- Plastic Bags (*heavy duty garbage can size and smaller zip-lock types*)
- Plastic Garbage Bags (*heavy duty, 30 gal. or larger*)
- Toilet paper
- Handi-wipes, Wet-N-Drys, etc., (*for water free cleanup*)
- Toilet Supplies - towelettes, shampoo, toothpaste, deodorant, sanitary napkins, etc.
- Entertainment Pack - Family Photos, Notebooks, Literature, and games
- Fire Extinguisher (*Dry Chemical with a minimum size rating of 2A-10BC*)
- Tent (*family or tube type*)
- Tarp (*PVC or canvas, minimum two, 8' X 10'*)
- Work Gloves
- Ax / Maul
- Shovel
- Broom
- Hammer and Nails
- Screwdrivers
- Crowbar or Claw Tool
- Plastic Sheeting Rolls (*4 mil. Thick - minimum 10' X 25'*)
- Coil of Rope (25' - 50' of minimum ¼" thick)
- Cheese Cloth (to strain particles from water)
- Local Road Map